

Catalog of Services
Optimal Health Center
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Naturopathic Medicine Appointment \$295 (+\$100 housecall surcharge):

This one-hour appointment includes an assessment of your health history, any necessary physical examination, extensive wellness education, and a personalized treatment plan addressing your health concerns.

Simply B12 injection \$35.00:

Enhances energy, decreases inflammation, protects the cardiovascular system, and supports cognitive health.

B12+B6 Combo injection \$35.00:

Same benefits as above plus enhanced production of neurotransmitters such as serotonin and melatonin to combat stress and give you a good night's sleep.

Hair, Skin, and Nails injection \$60.00:

This injection contains B6, B12, and biotin, a B vitamin which makes keratin, the protein necessary for healthy hair and strong nails.

Super B Booster injection \$85.00:

Consists of a full range of B vitamins plus extra B12. Gives you all the benefits listed above while also boosting immune function. A great shot during flu season and when traveling.

Skinny B injection \$90.00:

Contains B vitamins, amino acids, and the mineral chromium to stabilize blood sugar and decrease cravings. Helps your liver metabolize fat and convert it to energy.

Anti-Aging Formula injection \$100.00:

In addition to B vitamins, this injection includes the antioxidants vitamin C and glutathione to halt cellular damage that can lead to signs of aging.

IV Myer's Cocktail infusion \$275.00:

This concoction of vitamins and minerals is a powerful way to bathe your cells directly with the nutrients they need for proper functioning. Especially good for those with poor digestion and anyone who feels depleted.

IV Myer's Cocktail + Glutathione infusion \$285.00:

All the benefits of the Myer's cocktail coupled with the potent anti-aging effects of glutathione.